

25 years of Psygroup

Working together in
diversity.

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This presentation contains AI-generated graphics and images

25 years of Psygroup

A community built on diversity

Celebrating 25 years of people,
collaboration and shared purpose.

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It all started with one simple idea



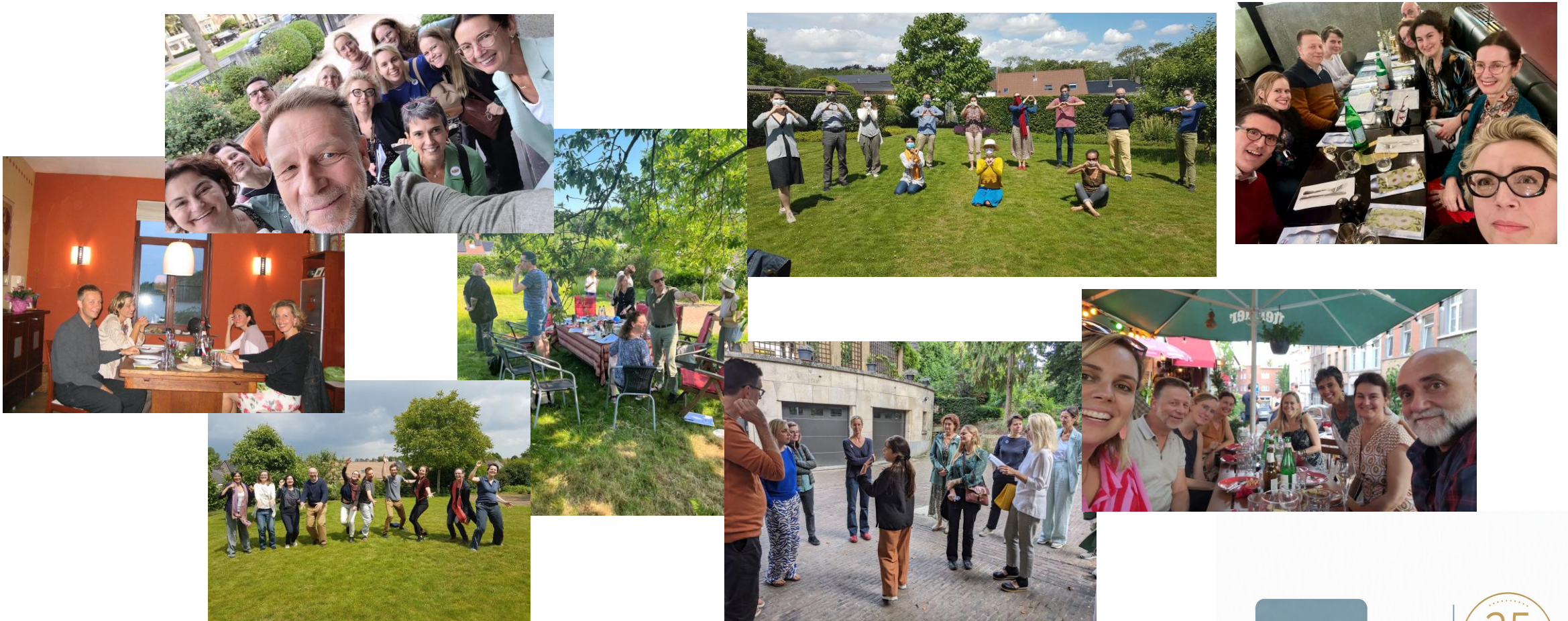
"My dream was to create a place where independent psychologists could build their own practice while being part of a professional community."

When Psygroup started: A profession in Transition

- The title “psychologist” protected in 1993, first legal recognition of the profession
- For many years, psychologists were already providing care, but without a clear place within the healthcare system – illegal practice of medicine
- In 2016, clinical psychologists were officially recognised as healthcare professionals
- Seeking psychological help was surrounded by stigma
- Building a private practice was challenging
- Psygroup was created as a response:
 - enabling private practice
 - earn a sustainable living
 - combining professional autonomy with a supportive community

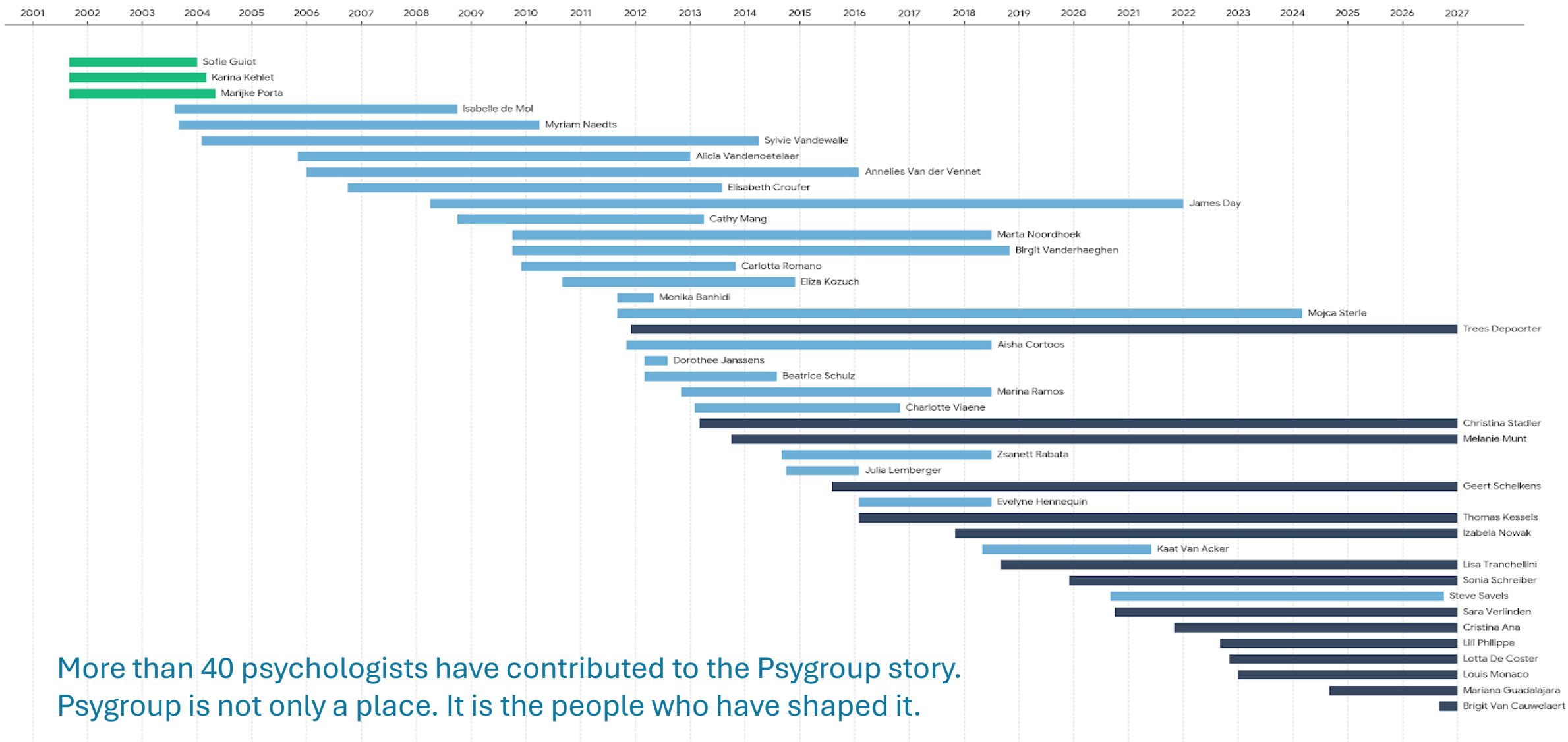
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Thank you to everyone who helped build the community in Psygroup



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More than 40 psychologists have contributed to the Psygroup story.
 Psygroup is not only a place. It is the people who have shaped it.

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**Long before diversity became a popular
theme,
it was already our daily reality**

Diversity Has Always Been Our Strength



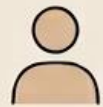
More than diversity

Building a shared identity

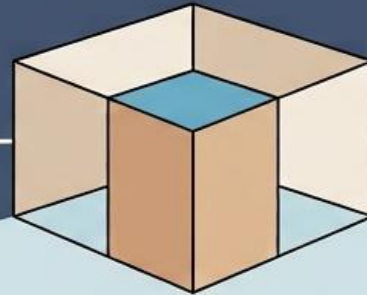
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Different People, One Shared Culture



Everyone remains
autonomous



Shared values

- Mutual respect
- Solidarity
- Personal responsibility
- Professional quality



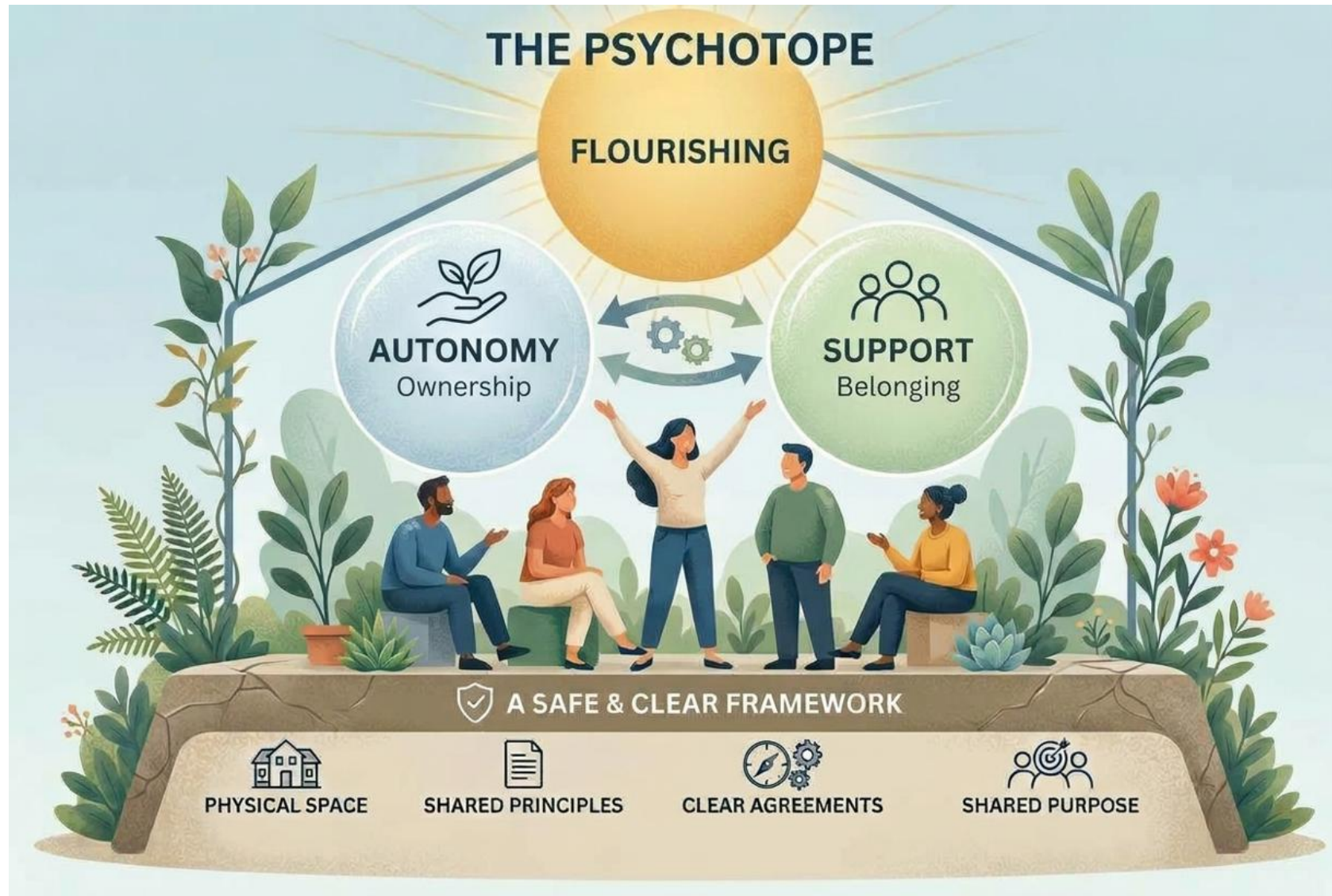
Everyone contributes
to something larger

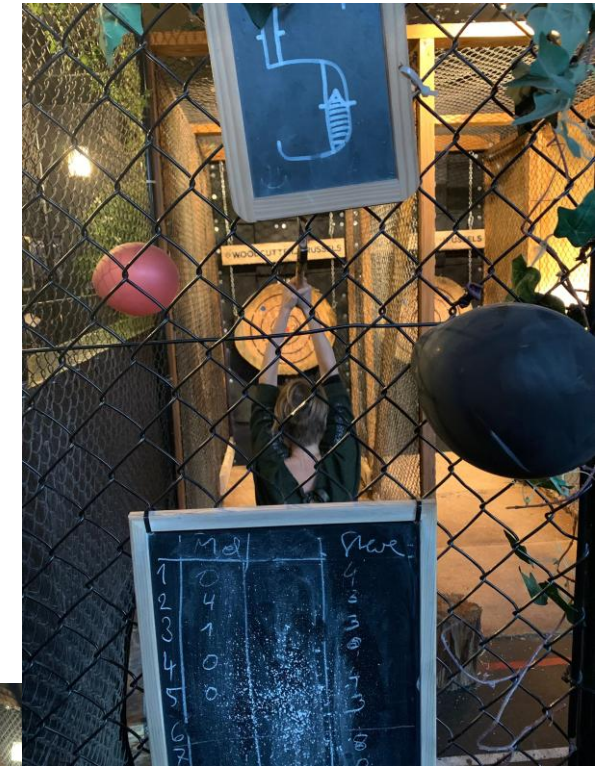


identity

Our Shared Project

- 1. A sustainable practice:** stable income, job security, and a steady flow of clients.
- 2. Personal fulfilment:** autonomy, joy, safety, and fairness.
- 3. Comfort:** having the right spaces, services, and environment.





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**The building provides the space
our psychotope provides the foundation
yet our greatest resource has always been
the people who bring it to life.**



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From Uniformity to Diversity

The belief

- a shared identity requires uniformity and conformity

A lesson learned over 25 years of Psygroup

- Letting go and trusting the group process

Take-home message:

A true community is not built by being the same, but by trusting each other in our differences.

**Thank you to everyone who has been part of the
psygroup story.**

**Together, we have shown that diversity is not
only something we need to navigate and
understand — it is, above all, something to
value and cherish.**