

## Nutritional supplements in cancer care: an international collaborative effort on evidence synthesis for patients

Need for patient information regarding safety and efficacy of nutritional supplements in cancer care







## Approach

Collaborative initiative Patient information developers & supporters of evidence-based practice



Systematic search for evidence on frequently used supplements in

- 1. International databases: CAMCancer
- 2. Medline & Cochrane library

## **Knowledge transition to patients**

- Identification of key questions
- Evidence synthesis
- Completeness and comprehensibility check

Reliable, up-to-date, and understandable patient information for 25 nutritional supplements in cancer care •What is the supplement? • Does it help prevent cancer? Does it help treat cancer? Does it contribute to supportive cancer care? Does it interact with cancer treatment?



This collaborative effort bridges evidence and patient understanding and facilitates further international collaboration, to ultimately enhance informed decision-making regarding nutritional supplement use in cancer care.

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